

Action Worksheet: The Why?

What is the action of the person?	
<p>Is it something that is detrimental to their health? Or their safety? Or anyone else's?</p>	If yes, in what way?
	If no, can you let it go?
Does the action happen at the same time each time? If so, when?	
If so, think about why it may happen at that time? A reason from their life?	
Does the action happen in the same place? If so, where?	
If so, think about why it may happen at that place? Look around, what is in that area?	
Could it be a reason of:	
HEALTH?	
COMMUNICATION?	
ENVIRONMENT?	
THE TASK?	
LIFE STORY?	
UNMET NEED?	

YOU?	
What can you do? In the moment it happens?	
What can you do? For long term?	
How are you going to communicate what to do to everyone who assists in care?	